## **SUNY Cortland Challenge Course**

# **High & Low Course Refresher Workshop**

May 3-4-5, 2024

### Registration Form

Name		
Address		
City	State	ZIP Code
E-mail Address		
Trainings – Please check what you	•	Attending (places sheet)
Days/Training  Friday – Sunday, Full  Refresher training	Cost per person \$100	Attending (please check)
Friday-Saturday, High Course Refresher	\$100	
Sunday, Low Course only	\$50	
Please note any dietary restriction	n you may have:	

Please return this form and your check (payable to SUNY Cortland) no later than April 5, 2024 to:

Parks Family Outdoor Center PRST Rm. 1131 SUNY Cortland P.O. Box 2000 Cortland, New York 13045-0900 SUNY Cortland Challenge Course High & Low Course Refresher Workshop May 3-4-5, 2024

#### **Tentative Schedule**

Final schedule will be emailed after registration deadline

#### Friday May 3 - High Challenge Course participants

Arrive by 5:30 pm – settle in room. 6:00 pm – Review of updates, ACCT and SUNY Cortland manual, equipment, ropes, etc.

#### Saturday May 4

Breakfast 8:00 am; Depart for the day on high ropes course; lunch at CH; return to Antlers for 6:30 pm dinner. Evening – review of day and questions (as needed).

**Sunday May 5 - Low Challenge Course participants** (may arrive Saturday evening for the Sunday course)

Breakfast 8:00 am; Pack lunch; Depart for low course refresher; return to Antlers for departure by 3-4 pm.